

National Society Reports 2001 **"Hans Selye" Hungarian Society of Behavioural Sciences and Medicine**

Activities during the period May 2000 and July 31 2001

Conferences, meetings

- **20-23 March 2001: *Clinical Epidemiology – a Basic Science of Evidence Based Medicine***. Postgraduate course with invited Professors David L. Streiner and Geoffrey R. Normann from the Mc Masters University (Hamilton, Canada). Main sponsors Novartis, Pfizer, other sponsor: Egis.
- **7th April 2001: Multidisciplinary Conference on the World Health Day** devoted to **Mental Health, Health Promotion and Women’s Health**– organised by our Society in cooperation with the Institute of Behavioural Sciences and the Hungarian Health Psychology Society. The main topic this year was the importance of mental health and health behaviour on general health status of the population; the Meeting was preceded and followed by an extensive media campaign. Main sponsors: Ministry of Health, Ministry of Education, Lundbeck and Janssen-Cilag (division of Johnson & Johnson), other sponsors: AstraZeneca, Milupa and Sanofi-Synthelabo.
- **26-27th May 2001: II. Behavioural Sciences Days** hosted by the Szeged University Behavioural Sciences Department. Yearly National Meeting of professionals working on the field of behavioural sciences at the Medical Faculties of four Hungarian Universities; the main focus this year was “Current state and opportunities in medical and health professional education”. Sponsors: Richter Gedeon Rt and Egis Rt.

Education

- Evidence-based Mental Health course for PhD-students.
- Postgraduate course of Evidence Based Clinical Epidemiology (20-23 March 2001) with invited Professors David L. Streiner and Geoffrey R. Normann from the Mc Masters University (Hamilton, Canada)

Ongoing Health Promotion Programmes

- Participation in the „Better Health for Women” program, started 3 years ago. Data from the health survey realised in 14-26 years young women were analysed, results are under publication
- Homestart Programme
- Postpartum depression screening for women
- School based health promotion programmes.
- Peer-helpers training, student counselling.

Social and scientific communication

- Our homepage has further been extended, even more patient information modules are accessible on a number of public health problems. Information on current and past events and activities are continuously available.

- The handbook „Behaviour Sciences”, the first overview book on this topic in Hungarian language appeared in May 2001, meeting great interest and success. Members of our Society took the greatest part in the edition of the book.

Planned activities:

We are in the final phase of the organisation of the “2nd Quality of Life Symposium” which will take place in Budapest on the 5th September.

A consortium with the leadership of Professor Kopp has won a two-years grant as part of a National Project on the theme “Improving Quality of Life”. The title of the project is **“Biological and psychosocial factors of premature health deterioration and mortality in the middle-aged Hungarian population and the possibilities of prevention”**, and this gives exceptional opportunity to develop and test health promotion programs and interventions to reduce risk behaviours.

Besides these new activities, we plan to continue our ongoing projects, offer new courses for post-graduate and graduate students, and to continue efforts to communicate the role and possibilities of behavioural medicine in health care.

Dr. Adrienne Stauder MD
General Secretary

Prof. Dr. Mária S. Kopp MD, PhD
President