

Annual Report 1997-1998

"Hans Selye" Hungarian Society of Behavioural Sciences and Medicine in cooperation with the *Hungarian Health Psychology Society*

• Publications

1. The journal of the Society is called the *"VÉGEKEN"*, Regional Journal of Mental Health and Psychosomatics; it is published *quarterly* (1000 copies/issue). The journal is addressed to all helping professionals, and it is a particularly important forum of the mental health education in Hungary.

2. *"Migraine. A multidisciplinary approach"* - the fifth issue of the Behaviour Science Booklets Series was published in 1000 copies.

The third issue entitled: *"From soul to soul. Care of dying people."* was reprinted.

3. *"The psychology of sexuality"* Dr. Béla Buda's book on the experience and behaviour of the sexuality from the viewpoint of the human relationships.

• Conferences

The Societies took part in organising the following conferences:

"The 13th National Scientific Congress of Psychology"

"The 4th National Congress of the Hungarian Psychiatric Society". Budapest, 28-31 January, 1998.

"Stress of Life. International Congress of Stress from Molecules to Man". Budapest, 1-5 July, 1997

"Culture, Health and Illness. Hungarian Conference of related disciplines." Budapest, 26-28, May, 1997.

• Education

The Society organised regular courses for graduate and postgraduate students as well as health professionals.

• Prevention

1. The Society developed a Student Counselling Centre to provide available psychological professional help to medical students.

2. A national health prevention program has been started on the basis of the results of our national survey.

Present projects:

<i>Title of the project</i>	<i>Supported by</i>	
"Asthma prevention and healing programme."	Ministry of Welfare	
"Asthma prevention and healing programme."	Soros Foundation	
"Better Health for Women Program"	Bristol-Myers Squibb Found.	
"Development of self-help programmes, their adaptation and cost-effective analysis in case of rheumatoid arthritis patients"	Soros Foundation	
"Sport therapy in caves for children suffering of chronic respiratory disease."	Child and Youth Fund Program	
"Way of life, health care and social environment experiment in Veresegyháza"	S+G Investment Ltd.	

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